# Martin Janis & Thompson Community Center





SUN MON TUE WED THU FRI SAT **Q** Location / Contact



RECREATION AND PARKS
DEPARTMENT

Columbus RecParks.com

#### **MONDAY**

Time	Class	Age	Course#	Instructor	Fee
Time Blocks	Fitness/Cardio	Adult/50+		Staff	\$15
Time Blocks	Boxing Fitness	8-Adult/50+		Douglas	\$15
9:00am-9:30am	Morning Stretch	Adult/50+		Stinziano	FREE
10:00am-12:30pm	Morning Adv. Wheel Ceramics	Adult/50+		Stinziano	\$15
11:00am-1:00pm	Beginning Digital Photography	Adult/50+		Phillips	FREE
1:00pm-3:30pm	Facepainting and Henna	Adult/50+		Hay	\$10
1:30pm-4:30pm	Afternoon Adv. Wheel Ceramics	Adult/50+		Stinziano	\$15

#### TUESDAY

Time	Class	Age	Course#	Instructor	Fee
Time Blocks	Fitness/Cardio	Adult/50+		Staff	\$15
Time Blocks	Boxing Fitness	8-Adult/50+		Douglas	\$15
9:30am-12:30pm	Fused Glass/6 Week Class	Adult/50+	In person	Van Marter	\$30
10:00am-11:00am	Chair Fitness	Adult/50+		Pearson	FREE
10:00am-12:30pm	Clay Combo	Adult/50+		Stinziano	\$15
1:00pm-2:00pm	Fit Ball Exercise	Adult/50+		Pearson	FREE
1:30pm-4:00pm	3D Handbuilding	Adult/50+		Stinziano	\$15
1:30pm-4:30pm	Fused Glass/6 Week Class	Adult/50+	In person	Van Marter	\$30
3:30pm-6:00pm	After School Program	7-12yo		Davis	\$15
6:00pm-7:00pm	Baseball: Beginning	7-12yo		Davis	FREE
7:00pm-8:00pm	Weightlifting	Adult/50+		Davis	\$10

#### WEDNESDAY

Time	Class	Age	Course #	Instructor	Fee
Time Blocks	Fitness/Cardio	Adult/50+		Staff	\$15
Time Blocks	Boxing Fitness	8-Adult/50+		Douglas	\$15
9:00am-9:30am	Morning Stretch	Adult/50+		Stinziano	FREE
9:00am-12:00pm	Stained Glass	Adult/50+		Hilles	\$15
9:30am-12:00pm	Painting/Drawing/Printmaking	Adult/50+		Hay	\$15
10:00am-11:00am	Silver Sneaker Classic	Adult/50+		Pearson	FREE
10:00am-12:30pm	Handbuilding	Adult/50+		Stinziano	\$15
11:00am-12:00pm	Hot Licks Drum	Adult/50+		Pearson	FREE
12:00pm-1:00pm	Tai Chi	Adult/50+		Bennet	FREE
12:30pm-3:30pm	Stained Glass	Adult/50+		Hilles	\$15
2:00pm-3:30pm	Beginning Italian	Adult/50+		Stinziano	FREE
2:00pm-4:00pm	Quilting	Adult/50+		Kountz	FREE
3:30pm-6:00pm	After School Program	7-12yo		Davis	\$15
5:30pm-7:00pm	Baseball: Advanced	10-15yo		Davis	FREE
7:00pm-8:30pm	Pickleball	Adult/50+		Davis	\$10

#### THURSDAY

Time	Class	Age	Course #	Instructor	Fee
Time Blocks	Fitness/Cardio	Adult/50+		Staff	\$15
Time Blocks	Boxing Fitness	8-Adult/50+		Douglas	\$15
10:00am-11:00am	Chair Fitness	Adult/50+		Pearson	FREE
10:00am-11:00am	Tech Help/By Appt.	Adult/50+		Phillips	FREE
10:30am-12:30pm	Advanced Italian	Adult/50+		Stinziano	FREE
1:00pm-4:00pm	Jewelry Making & Beading	Adult/50+		Van Marter	\$30

1:30pm-4:00pm	Clay Studio/ONLY Current Students*	Adult/50+	In person	Stinziano	FREE*
3:00pm-5:30pm	Open Ceramics Studio	Adults		Stinziano	\$15
3:30pm-6:00pm	After School Program	7-12yo		Davis	\$15
7:30pm-8:30pm	Weightlifting	Adult/50+		Davis	\$10

<sup>\*</sup> Must be enrolled in a Clay/Ceramic class to qualify for Clay Studio.

#### FRIDAY

Time	Class	Age	Course #	Instructor	Fee
Time Blocks	Fitness/Cardio	Adult/50+		Staff	\$15
Time Blocks	Boxing Fitness	8-Adult/50+		Douglas	\$15
9:00am-9:30am	Morning Stretch	Adult/50+		Stinziano	FREE
9:00am-10:00am	PK Picasso	3-5yrs		Hay	FREE
10:00am-11:00am	Silver Sneaker Classic	Adult/50+		Pearson	FREE
10:00am-12:00pm	Painting Studio	Adult/50+		Phillips	FREE
10:00am-12:30pm	Beginning Wheel	Adult/50+		Stinziano	\$15
12:00pm-3:00pm	Crafts, Crafts, Crafts	Adult/50+		Hay	\$15
1:00pm-3:00pm	Pickleball	Adult/50+		Phillips	FREE
1:30pm-4:00pm	Clay Surface Design	Adult/50+		Stinziano	\$15
3:30pm-6:00pm	After School Program	7-12yo		Davis	\$15
7:00pm-8:30pm	Pickleball	Adult/50+		Davis	\$10

#### Schedule subject to change.

#### **SATURDAY**

Time Blocks	Fitness/Cardio	Adult/50+	Staff	\$15
Time Blocks	Boxing Fitness	8-Adult/50+	Douglas	\$15

### WHAT WE ARE



+ facilities for cultural arts, outdoor education and therapeutic recreation







**6 GOLF COURSES** 



8 POOLS

**+ AN INDOOR AQUATIC CENTER** 



6 A

SPLASH PADS AND INTERACTIVE

#### RENTABLE SPACES

10 ENCLOSED 16 OPEN-AIR SHELTERS



## 380 PARKS

13,582 ACRES OF PARKLAND



**MILES OF REGIONAL TRAILS** 

3 RESERVOIRS TOTALING 4,240 ACRES



**SKATE PARK** for BMX, skateboards and rollerblades



